



Springboard **Women's Development Program**

Springboard is the award winning **career and personal development** program that has been incredibly successful for 240,000 women around the world. In Australia more than 35,000 women have graduated from the program since the early 1990's. It just works. Springboard is an experience that enables women to become more engaged in their workplace, set and achieve goals, have greater influence in their lives and achieve more of their potential.

Working in small groups, women gain **confidence**, become more **focused**, and learn to **value** themselves and their abilities more. Participants will be able to

- ✓ realistically assess their current situation
- ✓ decide on the next steps for professional and personal development
- ✓ develop emotional intelligence and strategies for improving attitude and skills to take those next steps
- ✓ raise their profile appropriately at work
- ✓ enhance performance & contribution

Outcomes include

- ▶ Reigniting interest in further study or learning
- ▶ More positive attitudes
- ▶ Improved relationships with colleagues, clients
- ▶ Improved decision making
- ▶ Better self management
- ▶ Improved career prospects
- ▶ Greater motivation at work



What's special about Springboard?

- 1 Designed for all women, particularly non-management and first line.
- 2 Practical and action oriented
- 3 The participant sets her own agenda according to what is most important to her

Springboard provides **practical**, useable skills for **immediate** application and ongoing development. By the end of the workshops, participants will be equipped to continue their *ongoing development* long after the program is completed!

The Springboard program consists of **five key ingredients**:

- ✓ 4 one-day **workshops** held three weeks apart and filled with practical sessions to boost abilities – these are friendly, lively and fun
- ✓ A massive 300-page A4 sized workbook jam-packed full of tools, techniques, exercises, assessments, examples and illustrations to reinforce and extend the workshop sessions through self directed private practice of 2-3 hours per week (valued at \$65 – included in the course free)
- ✓ practical role models to inspire participants
- ✓ a flexible **support system** to facilitate progress through the program, and
- ✓ **networking** skills and opportunities to encourage building of social capital.

Your Facilitator – Melanie Wass



Trained directly by the creators of Springboard, Melanie is a businesswoman, trainer, speaker, educator, coach and writer. She brings a rare breadth and depth of experience in both the public and private sector combined with academic achievement. Melanie holds a Bachelor Arts (Psychology) and a Graduate Diploma in Human Resource Management, is a Board Director and State President of the Australian Institute of Training & Development. Melanie has successfully trained thousands of people and has been conducting Springboard for women for years. She runs the latest, updated program.

As Director of Natural Consulting, Melanie is passionate about the continuing ability of people to learn, adapt and evolve to be more effective at work and in their lives. Her programs are designed to give people the confidence and awareness to convert latent potential into action.

Join Melanie for the Springboard experience.

What people have said

Melanie is regularly rated 10/10 by participants. Her average rating is 93.6%. Springboard is a proven, successful program which the comments below attest and Melanie's delivery enhances what is often a catalytic program for many working women.

"Life-changing, career-changing, yeah." Donna, WorkCover

"Don't just think about it, do it!" Diane Mountstephen, Defence

"My boss has already complimented me on how Springboard has made me more aware of myself, my goals and the people around me. This has been the most beneficial thing to me in my working life." Crystal Ross, WorkCover

"This program has inspired and motivated me to believe I can be the best I want to be." Lindy Scanlan, InTact

"Fantastic eye-opener that I will carry with me for the rest of my life" Debbie Marks, WorkCover

"It gets you going and will keep you motivated. Nothing's impossible if you believe and act on it, that's what Springboard did for me." Rhodora Toledo, Aboriginal Land Council

"Melanie was excellent. She was friendly and informative, making everyone feel involved in the course." Julie Bates, Legal Aid

"Melanie was excellent, very encouraging and supportive with in-depth knowledge of all topics." Nisha Lad, Defence

"Springboard opened up possibilities I hadn't considered before and makes me realise small achievements are valuable as well." Ellen Rall, Premiers

"Melanie was great in every way. Very knowledgeable and her advice and assistance will be of great use to myself and others in the future" Faye Tadros, Legal Aid

"Melanie is a fantastic trainer. She brought out the confidence that is hiding in me. You have made me feel comfortable." Kirsty Fisher, InTact

Registration Form

BRISBANE: 1 October; 29 October, 21 November, 12 December

TIMES	8.45 am for a 9:00 am start - 4:30 pm finish
VENUE	Brisbane – location confirmed on receipt of registration and payment
INVESTMENT*	\$989 for all 4 workshops, the 300+page workbook, lunch, refreshments.
EARLY BIRD	\$939 if paid 4 weeks prior to course date
EARLY HAWK	\$849 for the first 10 bookings only

* includes
GST

Name	
Organisation	Section
Position	Level
Postal Address	
Telephone	Fax
Email (all confirmations sent by email)	
Special Needs During Course	
Supervisor Signature to Authorise Payment	
Supervisor Name and email	

>>> This document will become a Tax Invoice upon payment <<<

Please send registration and payment to:

Natural Consulting

PO Box 336 Frenchs Forest NSW 2086

Tel: 0419 988 303

Email: springboard@naturalconsulting.com.au

Web Site: <http://www.naturalconsulting.com.au>

Fax: 02 8218 2921

- Cheque Enclosed or
- Direct deposit: Pay Commonwealth Bank
BSB 062-295 Account 1026-9232
- \$989 per person (<3 weeks prior)
- \$939 per person (3 -7 weeks prior)
- \$849 per person (first 10 bookings)

WE LOOK FORWARD TO YOU BEING ON THE SPRINGBOARD PROGRAM WITH US!

PLEASE READ: CONFIRMATION OF BOOKING WILL BE MADE WHEN PAYMENT IS RECEIVED. Substitutions are welcome prior to the course commencing but not during the program. No reimbursement is made for missed workshops. Cancellations within ten working days of the course date will attract the full course fee. Cancellations prior to 10 days attract a \$150 administration fee. Notification of cancellation needs to be received in writing (e-mail acceptable when acknowledged).